

TIME SETTING

1. Pull the crown out to position 2.
2. Turn the crown counter-clockwise to set the date.

NOTE: To ensure accuracy, do not set date and weekday between 9:00 p.m. and 1:00 a.m.

3. After the date has been set, push the crown back to position 1.

NOTE: A timepiece with an automatic winding movement obtains the power to wind itself by the movement of your wrist, there is no battery. Therefore, not wearing the timepiece for several consecutive days could exhaust the power reserve.

It is important your timepiece is adjusted to match the size of your wrist. A loose fit may result in a loss in capacity of the timepiece to wind itself.

