



SETTINGS

Adjusting the Stopwatch Hand Position

Before setting the time, check if all the chronograph hands - second, minute - are at the "0" (12 o'clock) position.

* If the stopwatch is in use, press the buttons in the following order to reset it, and then, check if the hands return to "0" position. (For details, see "HOW TO USE THE STOPWATCH")

* If the chronograph is counting:

A → B

* If the stopwatch is stopped:

B

* If the split time is displayed:

B → A → B

If either of the stopwatch hands are not in the "0" position, reset them following the procedure below.



Pull the crown out to position 1.



Press button A or B to reset all stopwatch hands to "0" position.
* The stopwatch minute hand moves correspondingly with the stopwatch second hand.
* The hands move quickly if the respective buttons are kept pressed.



Push the crown back to the normal position.

Time Setting

* Before setting the time, check that the chronograph measurement is stopped.



Pull out the crown when the second hand is at the 12 o'clock position. The second hand will stop on the spot.



Set the hands to the desired time of the day by turning the crown, make sure AM/PM is set correctly

* Do not press any button, otherwise the chronograph hands will move.



Push the crown back to the normal position in accordance with a time signal.

FUNCTIONS

How to Use the Stopwatch

- The measurement time is indicated by the stopwatch hands that move independently of the center hands (and 24-hour hand where applicable).
- The stopwatch can measure up to 60 minutes.

Standard Measurement

E.g. 100m race (Press the buttons in the following order A → A → B)



3.1



3.2

10 seconds



3.3

Accumulated Elapsed Time Measurement

E.g. basketball game (Press the buttons in the following order A → A / A... → A → B)

Start → Stop
(Start of game) (Time out)



4.1

Restart (Restart of game)



4.2

5 minutes
10 seconds

Stop
(Game over)

Reset

Split Time Measurement

E.g. 5,000m race (Press the buttons in the following order A → B / B... → A → B)

Start



5.1

Split / Split release



5.2

5 minutes
50 seconds

Stop

Reset