User Manual

Please retain the Customer Service Email: homephile@gmail.com for future reference
We provide lifetime free product services. We highly value your feedback and suggestions to improve our quality and service! Upon receiving your email, we will respond within 24 hours with a satisfactory solution.



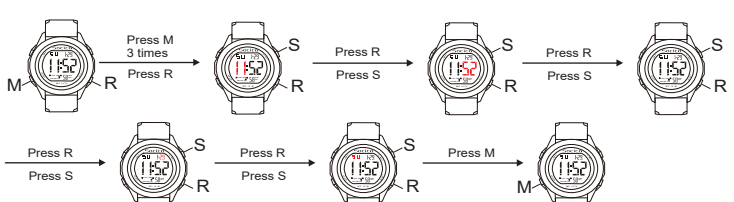
Scan the QR code to get the operation video US

Display Functions:

1. Time, Date (Month-Day), Day of the Week
2. 24/12-Hour Format (24H): In 12-hour mode, the PM indicator will display for afternoon times.
3. Chronograph Precision (1/100): Measures time with 0.01-second accuracy.
4. Alarm (ALM): Abbreviation for Alarm, indicating the alarm is on/off.
5. Hourly Chime (SIG): Abbreviation for Signal, indicating an hourly reminder tone.
6. Snooze (SNZ): Abbreviation for Snooze, allowing the alarm to be delayed (typically by 5 minutes per press).
7. Backlight: Press the LIGHT button (top-left) to illuminate the display (typically lasts 3 seconds).

Additional Features: 30M Water Resistance， Shockproof and Durable，Lightweight， Loud Alarm Ideal for Outdoor Activities :
Running, Rock Climbing, Fishing, etc.

How to Set Time/Date/Day of the Week?



Enter Time Setting Mode (from normal time display):

1. Press the “M” button 3 times to enter time setting mode (seconds will blink)
2. To reset seconds precisely, press“S” (top-right button) to clear and restart
3. Press the “R” button once, and hour will blink, then press “S” to adjust hour. The bottom display shows H for 24-hour format or A/P for 12-hour format.
5. Press the “R” button once, and minute will blink, then press “S” to adjust minute.
6. Press the “R” button once, and month will blink, then press “S” to adjust month.
7. Press the “R” button once, and day will blink, then press “S” to adjust day.
8. Press the “R” button once, and week will blink, then press “S” to adjust week.
9. Press “M” once to exit and return to normal time display

Set Time Format (12/24-Hour):

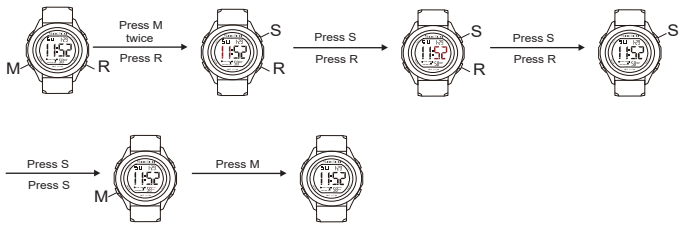


1. Press “M” 3 times and “R” once to enter time setting.
2. Press “S” and watch the letters displayed at the bottom of the screen to switch modes:

H = 24 hours (no AM/PM display)
A = 12 hours (AM)
P = 12 hours (PM)
Press “S” to cycle through the H -> A -> P -> H -> sequence

3. When setting is complete, press “M” to exit setting.

How to Set Alarm and Hourly Chime?



Enter Alarm/Hourly Chime Mode (from normal time display):

1. Press the “M” button twice to enter alarm mode.
2. Press the "R" key to adjust the alarm time and turn the alarm on.
   (Use the "S" key to set the hour)

Note: The alarm follows the same hour format as the current time setting.

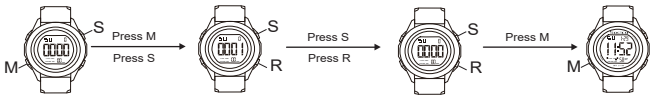
In 12-hour mode, the PM indicator means the alarm is set for the afternoon.

3. Press “R” once to adjust alarm minutes (use “S” to set minutes).
4. Press “R” until the display stops blinking.
5. Press “S” again to toggle the hourly chime on/off
   (Display shows SIG when on)
6. Press the "S" key to turn on both the alarm and hourly chime
   (display shows ALM and SIG when on)
7. Press “M” once to exit and return to normal time display.

Note: ALM only: Alarm is enabled. SIG only: Hourly chime is enabled.

Both ALM and SIG: Both features are enabled.

How to Use the Stopwatch?



Enter Stopwatch Mode (from normal time display):

1. Press the “M” button once to enter stopwatch mode
   (display shows ST for stopwatch and 0 for elapsed hours)
2. Press “S” to start timing. Press “S” again to pause. Press “R” to reset.
3. Press “M” once to exit and return to normal time display.

How to Use Snooze?



When the alarm sounds (must be set and enabled):

1. If no action is taken, the alarm will sound for 20 seconds and
   then stop automatically.
2. Press “S” or “R” to stop the alarm immediately
3. Press “M” to activate snooze (display shows blinking ALM). The alarm will
   repeat after 5 minutes.

Tip: Pressing “M” again during a snooze alarm will extend the
snooze for another 5 minutes

Maintenance Instructions:

1. The watch uses a CR2032 battery. If the display dims or the light
   weakens, replace the battery.
2. This watch is water-resistant up to 30 meters, suitable for swimming,
   handwashing, showering, and rain. However, do not press any buttons
   underwater.
3. Avoid wearing it in strong electric fields, static environments, or
   high-frequency areas.
4. Keep away from gasoline, detergents, sprays, adhesives and paint.
5. Clean the watch surface with a soft cloth and water. Do not use
   chemicals.

Wishing you a pleasant shopping experience!!

We provide lifetime free after-sales service for your watch!

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(Please retain for future reference).